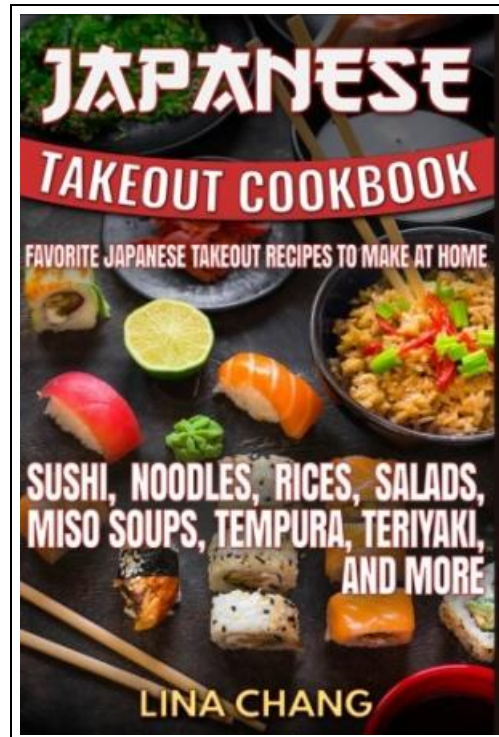


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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Flavorful, healthy, easy to prepare! Make delicious Japanese takeout recipes at home! Sushi, noodles, rice, tempura, teriyaki, miso, soups, and more \*\*\*BLACK AND WHITE EDITION\*\*\* Japanese food is rich in culture, being recognized by the UN for its cultural significance. It has introduced the concept of umami to the Western world. Umami may be translated as rich, savory taste that the Japanese consider as the fifth basic taste along with bitter, sweet, salty, and sour. Japanese cooking is also recognized for its healthfulness because it is rich in plant-based ingredients and is sparing in the use of fats. Like many of the takeout cuisines, it has also adapted to the American tastes, but it still retains its strongest points. Sushi shops have multiplied and are now available everywhere. The same goes for noodles and soup restaurants. Quick and easy to prepare, Japanese takeout food offers an impressive variety and colorful flavors. Let s stay in tonight and prepare a delightful Japanese feast! Inside this book, you ll find: An introduction to Japanese takeout cuisine Ingredients used in Japanese cooking Cooking methods used to prepare Japanese meals Cooking tools needed to prepare Japanese food Learn the techniques to make Sushi Over 50 of the best takeout Japanese recipes Delightful appetizers like the Japanese-Style Chicken Wings or the Marinated Runny Yolk Boiled Egg Incredible Sushi recipes like the Thick Sushi Roll or the Vegetable Maki Traditional soups and broths like the Dashi, the Japanese Seafood Soup Stock used for many kinds of soup and noodle dishes or the Classic Miso Soup Refreshing salads like the Daikon Salad or the Seaweed Salad Satisfying noodles recipes like the Stir Fried Thick White Noodles or...



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