



## My Very Own Organic Cookbook: The Teen, Book 1 (Paperback)

By Frances Rumsey

Robertson Publishing, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Near San Jose, California, Frances Rumsey lives a quiet life with her husband, two daughters, and one son. Frances loves to cook so she decided to show kids a fast, simple and fun way to cook their favorite foods. Use the recipes in My Very Own Organic Cookbook: The Teen to create new and exciting ones! This book is great for any age looking for a healthy and inexpensive way to eat. Visit a farmers market near you. Buy local. Buy organic when you can. Look for her next book, My Very Own Organic Cookbook: The Teen, Book 2. For more information on all her books visit:



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