



Healing the Split: Integrating Spirit into Our Understanding of the Mentally Ill

By John E. Nelson

State University of New York Press, United States, 1994. Paperback. Book Condition: New. 2nd Revised edition. 224 x 168 mm. Language: English . Brand New Book. The links between madness, creative genius, and spiritual experiences have tantalized philosophers and scientists for centuries. In *Healing the Split*, John Nelson brings the lofty ideas of transpersonal psychology down to earth so they can be applied in a practical way to explain the bizarre effects of insanity on the human mind. Drawing on a vast knowledge of Eastern philosophy and mainstream neuropsychiatry, he heals the split between orthodox and alternative views with a comprehensive approach that goes beyond both. Starting where R. D. Laing and Thomas Szasz left off, Nelson revises and expands their radical views in light of modern brain science. He then turns to ancient tantric yoga for a synthesis that weaves brain, psyche, and spirit into a compelling new conception of mental illness. For professionals who seek to meet the needs of their patients more creatively, this book offers a unique synthesis. For people in emotional crisis, it clarifies the distinctions among intractable psychosis, temporary breakdowns in the service of healing (spiritual emergencies), and psychic breakthroughs (spiritual emergence). And for...



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