



Chakra Awakening: Guided Meditation to Heal Your Body and Increase Energy with Chakra Balancing, Chakra Healing, Reiki Healing, and Guided Imagery (Open Your Third Eye Chakra, Higher Consciousness) (Paperback)

By Sarah Rowland

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Chakra Healing is an ancient form of alternative medicine. It is also referred to as energy medicine or energy therapy. The intent of Chakra Healing is to realign and replenish the energy of the chakras within the human body. It will put you in a state of relaxation, followed by emotional, physical, and spiritual healing. Chakra Healing is about accepting the fact that you are a unique energy being, and it is the belief that a life force energy flows through all of us and is what keeps us alive. If your life force energy is low, you might begin to feel sick or stressed out. If your life force energy is high, you will be stronger, healthier, and happier. This book is not only about Chakra Healing, however. This book contains ALL the different aspects and techniques that circle around spiritual healing, including the awakening, opening, and activation of the Third Eye Chakra. In this book you will learn: What Chakra Healing is How to awaken your higher self through guided meditation Heal your mind and body through energy healing Use chakra meditation...



READ ONLINE
[4.14 MB]

Reviews

Complete information! Its such a excellent study. It is filled with knowledge and wisdom I realized this publication from my dad and i advised this publication to find out.

-- **Geovanny Grimes**

A must buy book if you need to adding benefit. it was actually writtern quite perfectly and beneficial. You wont really feel monotony at anytime of your time (that's what catalogs are for regarding in the event you question me).

-- **Kian Jacobi**

See Also



Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good about Yourself

Free Spirit Publishing Inc.,U.S. Paperback / softback. Book Condition: new. BRAND NEW, Speak Up and Get Along!: Learn the Mighty Might, Thought Chop, and More Tools to Make Friends, Stop Teasing, and Feel Good about Yourself, Scott Cooper, What if every kid...



Barabbas Goes Free: The Story of the Release of Barabbas Matthew 27:15-26, Mark 15:6-15, Luke 23:13-25, and John 18:20 for Children

Paperback. Book Condition: New.



13 Things Rich People Won t Tell You: 325+ Tried-And-True Secrets to Building Your Fortune No Matter What Your Salary (Hardback)

Reader s Digest Association, United States, 2013. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book. Did you read about the janitor who donated million dollars to his local library? Do you ever watch in amazement...



Dog on It! - Everything You Need to Know about Life Is Right There at Your Feet

14 Hands Press, United States, 2013. Paperback. Book Condition: New. 198 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Have you ever told a little white lie? Or maybe a bigger one that wasn t even white?...



If I Have to Tell You One More Time: the Revolutionary Program That Gets Your Kids to Listen without Nagging, Reminding or Yelling

Tarcher/Putnam,US, United States, 2012. Paperback. Book Condition: New. 206 x 137 mm. Language: English . Brand New Book. The Revolutionary Program That Gets Your Kids To Listen Without Nagging, Reminding, or Yelling Why does it feel sometimes as if our children have...



Games with Books : 28 of the Best Childrens Books and How to Use Them to Help Your Child Learn - From Preschool to Third Grade

Book Condition: Brand New. Book Condition: Brand New.