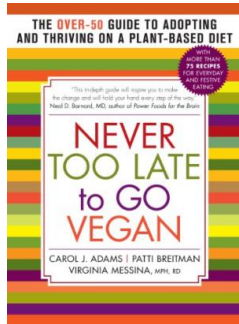


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NEVER TOO LATE TO GO VEGAN (PAPERBACK)



The Experiment LLC, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book. Authors Carol J. Adams, Patti Breitman, and Virginia Messina bring 75 years of vegan experience to this book to address the unique concerns of those coming to veganism later in life, with guidance on: the nutritional needs that change with aging; how your diet choices can reduce your odds of developing heart disease, diabetes, cancer, and other conditions; easy steps for going vegan, including how...

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- Authored by Carol J. Adams, Patti Breitman, Virginia Messina
- Released at 2014



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